

Song title **Loving the way**
A journey from irritation to gratitude

Song type NLP, nested loops, chaining anchors

Structure	Style/Influence	Instruments	Emotion	Function	Lyrics
Intro	Old school Hip Hop Pop			Preparation/Mindset	Listen up, pay close attention, Diving deep, for some intervention, Going new ways, is our mission, Venture forth, with bold ambition,
Transition	Style change			Breaking state	
Open Loop 1	Hard Rock	Electric Guitar	Irritation/ Frustration	Eliciting Irritation/Frustration	It's one of those days, you know the kind, It's little things, they start to pile, So much to do, so many things, The clock keeps ticking, louder it seems, You wanna stay on track, react, fill the gap, One step forward, then two steps.... (back/more)
				Anchor emotion 1	Don't know if you ever furrow your brows, What other annoyances surface now, Moving forward wanna go new ways
Transition	Style change			Breaking state	
Open Loop 2	Funk	Trumpet	Curiosity	Eliciting Curiosity	Once upon a time, a little child, Curiosity was running wild, Found a shortcut to a better place, Making a right turn, a path to grace, Nerves are tingling, a buzzing mind, Seeking new ways, like you know you'll.... (find/have)
				Anchor emotion 2	Don't know if you give your head a tilt, How strong you wonder continues to build, Finding yourself beautiful daze
Transition	Style change			Breaking state	
Open Loop 3	Soul/Pop Ballad	Piano	Happiness/ Appreciation	Eliciting Happiness/Gratitude	Sometimes you know, memories come 'live, Telling stories of joy and delight, They're like a song, a harmony sweet, Filled with gratitude, you're always complete. High up, flying, like a dove above, Just embraced by eternal.... (love/gratitude)
				Anchor emotion 3	Do you know how often, smile from within, The laughter so blissful, wants to chime in, Loving the way the feelings increase
Transition	Style change			Breaking state	
Bridge	Orchestral Pop	Strings		Powerful Message	Going new paths with a joyful heart, piling blessings, from the start, In every moment a gift, so kind is life, Reacting with love unexpectedly, builds a bridge, lets hearts agree, On gratefulness and love so rife,
Transition	Style change	Piano		Reminding of Loop 3	
Closing Loop 3	Soul/Pop Ballad	Piano		Continuing/closing loop 3	Just embraced by eternal.... (love/gratitude) The way of our souls own magnitude,
Transition	Style change	Trumpet (Trumpet)		Reminding of Loop 2	
Closing Loop 2	Funk			Continuing/closing loop 2	Seeking new ways, like you know you'll.... (find/have) Guides you going on the path you craft,
Transition	Style change	Electric Guitar (Electric Guitar)		Reminding of Loop 1	
Closing Loop 1	Hard Rock			Continuing/closing loop 1	One step forward, then two steps.... (back/more) Gets you to the leap you're looking for
Transition	Hard Rock	Electric Guitar		Pause before chaining	
Chaning anchors	Hard Rock Funk Soul/Pop Ballad	(Electric Guitar before) (Trumpet before) (Piano after)		Chaining anchors Triggering emotion 1 Triggering emotion 2 Triggering emotion 3	Moving forward wanna go new ways Finding yourself beautiful daze Loving the way the feelings increase
Percussion break				Break before rapid chaining	
Outro	(collapsing effect?) (collapsing effect?)	Electric Guitar+unintended piano (Trumpet)+unintended piano Piano		Rapid chaining + Future Pacing Triggering emotion 1 Triggering emotion 2 Triggering emotion 3	Moving forward, Finding yourself, Loving the way
		Electric Guitar		Fastest chaining + Future Pacing Triggering 1, 2, 3 Triggering 1, 2, 3 Triggering 1, 2, 3	Moving Finding Loving Moving Finding Loving Moving Finding Loving
		Synth		Let it settle	

*() = Could not get AI to play instrument at the right time